



Areas of expertise:

- High Performance Virtual Teams
- Cross-cultural Management
- Systems Constellations
- Executive Coaching

Languages:

- Dutch
- English
- French
- German
- Norwegian
- Swedish

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Fredrik Fogelberg is an organisational psychologist who is passionate about helping global leaders and their teams become skilled at working effectively in an international and virtual environment.

His own multi-cultural, multi-lingual background, combined with his vast experience as facilitator/coach, enables him to really grasp the challenges geographically dispersed teams face. He is able to draw on his own experiences in order to guide team leaders and their teams to adopt practical solutions to address these challenges.

Fredrik teaches remote leadership and virtual team skills in a virtual classroom instead of the traditional face-to-face environment. Due to his online facilitation skills and interactive design, he is able to create a high level of participant engagement and experiential learning.

His work has spanned the finance, ICT, manufacturing, petrochemical, airline/hotel, technology, pharmaceutical and consulting sectors.

Earlier in his career, Fredrik worked as corporate trainer and training manager for KLM Royal Dutch Airlines, and was responsible for management development at Nike Europe. He has lived in Norway, Austria, France, Bulgaria and The Netherlands, and works in six languages.

Fredrik comes from a Swedish/Finnish background and grew up in the Netherlands. He studied and worked in France, Bulgaria, Austria and Norway. Fredrik has done additional training in group dynamics, cross cultural management, mediation and systems constellations.

He has been an invited speaker at SIETAR (Society for Intercultural Education and Research) conferences in France and Italy, as well as at conferences in the USA and the Netherlands. He is contributing author to *Global Competence: 50 Training Activities in International Business* from HRD Press and has been published in the Netherlands on the dynamics of cross-cultural teams.

Fredrik has worked with international teams from many corporations, including PWC, BHP Billiton, Ikea, ING Bank, Shell and Philips, as well as from the not-for-profit sector such as the European Patent Office and the European Space Agency (ESA). He has also delivered programmes at several business schools across Europe, Russia, USA and in the Middle East.

Fredrik has a Master's degree in Psychology and is a registered mediator and facilitator of systems constellations.