



**Areas of expertise:**

- Supporting Emerging Talent
- Team and Group Coaching
- Leadership Development
- Executive Career Reviews
- Conflict Resolution and Mediation

**Languages:**

- English

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Wendy Rose is a qualified coach with 18 years experience enabling clients to achieve positive change in their personal and professional lives. She specialises in working with senior executives; designing and delivering tailor-made development to bring about profound and sustainable change.

Through her extensive professional and personal development, Wendy is particularly skilled at facilitating in-depth and sustainable change for her clients and their organisations.

Client evaluation confirms that she is valued for her deep listening, her ability to confront without being confrontational, and for combining depth of work with practical actions and measurable results.

Wendy has several thousand hours of experience developing board members, directors, senior managers, and high potentials. Clients come from nearly 40 different countries across four continents, and from a wide variety of industry sectors: professional services, finance and insurance, healthcare and pharmaceuticals. The not for profit sector includes government, the NHS and charities.

Her background included a career in the Cultural Heritage industry and a senior position in Local Government before retraining and working as a Clinical Psychotherapist where she reached Senior Practitioner level. This powerful combination means that she is adept at blending her experience in business with her knowledge of the psychology of successful behavioural change.

Wendy brings to her work particular expertise in leadership development, career review and transition coaching, advanced behavioural effectiveness, workplace mediation, and the mastery of personal and professional fulfillment.

She has contributed to a number of publications including *Mentoring and Diversity* (eds. D. Clutterbuck and B. R. Ragins, 2002). Wendy is currently researching the role of the unconscious on our ability to develop personal power; she is an MA dissertation supervisor for De Montfort University.

Wendy has an MSc in Change Agent Skills and Strategies from the University of Surrey, plus qualifications in business performance coaching, executive coaching, coaching supervision, solutions focused consultancy and workplace mediation. She also has a Postgraduate Diploma in Counselling and Psychotherapy from CCPE London and is accredited by APECS (Association for Professional Executive Coaches and Supervisors).

She is qualified in a wide range of 360° appraisal tools and psychometric assessment instruments including MBTI, FIRO-B, CPI 250, Workplace BigFive and Campbell Leadership Index.